Marion Unit #2 K-12 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY	2 Cheddar Scrambled Eggs & Sausage	3 Biscuits & Sausage Gravy	4 Waffles with Maple Syrup & Sausage	5 Sausage, Egg & Cheese Biscuit
8 Oatmeal OR Yogurt	9 Breakfast Burrito & Tater Tots	10 Biscuits & Sausage Gravy	11 Homemade Muffins	12 Sausage, Egg & Cheese on English Muffin
15 Oatmeal OR Yogurt Parfait w/Granola & Fruit	16 Cheddar Cheese Omelet & Sausage	17 Biscuits & Sausage Gravy	18 Pancakes with Maple Syrup & Sausage	19 No School
22 Oatmeal OR Yogurt	23 Breakfast Pizza & Tater Tots	24 Biscuits & Sausage Gravy	25 Homemade Cinnamon Rolls	26 Sausage, Egg & Cheese on Bagel
29 Oatmeal OR Yogurt Parfait w/Granola & Fruit	30 Scrambled Egg & Cheese Taco with Sausage		の味ご	hello* FALL

	Breakfast	Lunch
Student	\$2.25	\$3.50
Reduced	\$0.30	\$0.40
Adult	\$3.25	\$4.50

Cereal, Toast & Jelly
Offered Daily as Alternative
All Meals Served with Fruit
or Juice & Milk

Offer VS. Serve

Students do not have to take all food items, but at breakfast they must take 3 items including the juice or fruit. At lunch they must take 3 items from the 5 food groups offered (Grain, Fruit, Vegetable, Meat/Meat Alternate, Milk) and one item must be a fruit or vegetable.

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY OF FOOD

Rhonda Woods, Food Service Director 618-993-2321 rwoods@marionunit2.org

Marion Unit #2 is an equal opportunity provider and employer.

Marion Unit #2 K-12 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 * Happy *	2	3	4	5
- Trappey -	Spaghetti	Toasted Cheese	Chicken w/Queso	Pizza
IXDAD	OR	Sandwich	OR	OR
TUDAU	Meatball Sub	OR	Chicken Quesadilla	Deli Sandwich
		Hot Dog		
DAY —	Garlic Bread, Lettuce		Mexican Rice, Chips	Corn, Lettuce
	Salad, Pudding, Fruit	Carrots w/Ranch,	w/Salsa, Spiced Black	Salad, Jello
* * * * *	Juice	Chips, Fruit	Beans, Fruit Juice	w/Fruit
8	9	10	11	12
Hamburger	Cheesy Rotini w/Chicken	Chicken Nuggets	Sweet & Sour Chicken	Pizza
OR	OR	OR	OR	OR
BBQ Rib Sandwich	Chicken Wrap	Fish Nuggets	Teriyaki Meatballs	Hot Ham & Cheese
				Sandwich
French Fries,	Garlic Bread, Steamed	Mashed Potatoes,	Steamed Rice, Steamed	
Baked Beans,	Broccoli, Rice Cereal	Green Beans, Fruit	Vegetables, Fortune	Corn, Carrots
Fruit	Treats, Fruit Juice		Cookie, Fruit Juice	w/Ranch, Fruit
15	16	17	18	19
Cheeseburger	Lasagna	Chicken Sandwich	Pizza	
OR	OR	OR	OR	
Sloppy Joe	Deli Wrap	Spicy Chicken Sandwich	Fish Sandwich	No School
Tater Tots, Baked	Garlic Bread, Lettuce		Corn, Lettuce Salad,	
Beans, Fruit	Salad, Cookie, Fruit	Macaroni & Cheese,	Fruit Juice	
	Juice	Green Beans, Fruit		
22	23	24	25	26
Hamburger	Fettuccini Alfredo	Chicken Nuggets	Pizza	
OR	OR	OR	OR	
BBQ Rib Sandwich	Chicken Wrap	Fish Nuggets	Hot Ham & Cheese Sandwich	Half Day No Lunch
French Fries,	Garlic Bread, Steamed	Mashed Potatoes,		
Baked Beans,	Broccoli, Pudding, Fruit	Green Beans, Fruit	Corn, Carrots w/Ranch,	
Fruit	Juice		Fruit Juice	
29	30			
Cheeseburger	Spaghetti	14.		l 00 🖊
OR	OR	R K	* A 2	hello
Sloppy Joe	Meatball Sub	W 4 1 1 1	AL TO	FALL
Tater Tots, Baked	Garlic Bread, Lettuce	*	WIR I	111 ch
Beans, Fruit	Salad, Pudding, Fruit	- with	*	21.00 July
	Juice			

	Breakfast	Lunch
Student	\$2.25	\$3.50
Reduced	\$0.30	\$0.40
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AfterCats Snacks
Monday – Chips
Tuesday – Yogurt
Wednesday – Cereal
Thursday – Fruit Cup
Friday – Oreos

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